

Consultum Sanitatis, 792

A

DIRECTORY to HEALTH,

Displayed in several

CHOICE MEDECINES 1038 5/10

For the Cure of

The *Rageing Gout*, The *tormenting Stone*,
The *panting Asthma*, The *sence destroy-*
ing Epilepsie and *Convulsion* fits, and fits
of the *Mother*, the *killing Surfeits* and
Favors, the *lingring Agues*, and all other
(by some reputed in curable) distempers
where the power of the disease hath not
conquered the strength of Nature.

Made and Composd by the long Stu-
dy Practice and Experience of *Roger*
Dixon Master in *Chirurgery*. R

and now at the Request of some Friends by him
published for the general good.

LONDON Printed in the Year, 1663.

Continuum Sanitatis
A
DIRECTORRY to HEALTH
Displayed in
CHOICE MEDICINES

For the Cure of
The Great Small Pox, The Venereal Disease,
The Gunshot Wound, The Necrotomy,
The Erysipelas, The Carbuncle, and the
of the Skin, the Itch, the Scabies, and
for the Cure of the Small Pox, and all other
of the Venereal Disease, the Syphilis, the
in the Venereal Disease, the Syphilis, the
of the Venereal Disease, the Syphilis, the

Printed and Published by the Long Street
of the Venereal Disease, the Syphilis, the
of the Venereal Disease, the Syphilis, the



Printed in London, 1783

TO THE

Ingenious Reader.

Readers,

AFTER a long time
not onely of study, but
also practice and ex-
perience of the many
excellent preparations
here mentioned; I
was at last induced to publish them;
though I have often resolved the
Contrary; but at last being unwilling
to let them dye; and finding daily,
my Emperical Trumperies beagged

A 3

on,

The Epistle

on abroad; I was induced to publish
this small Treatise; That the world
may have the experience of truths
published in Print as well as they have
too often woful experience of the So-
phistications of Ignorant cranks I
do not write this out of any ostenta-
tion but refer the proof hereof to the
Judgement of those Who shall make
experiment, in the mean time, I shall
desire all parties to suspend their
censure; and put it to the Test: be-
fore they vent any prejudicate opinion
or rashly passe sentence either good or
bad, on either the Author or Mede-
cines; and let the Medecines them-
selves be Judges on my part; I intend
not this to make an Absoloms Piller
like him that is Sutor ultra Crepi-
dam; but have kept my self within
the bounds of Art, whereof I am a
member; and shall be ready and wil-
ing

ing to render to the judicious, an account thereof, for the ignorant, or the detraſting Momus or Zoilus; they may keep their mony and their diſeaſes too; for the ſober Judicious they ſhall at any time when deſired have in what is convenient the ready aſſiſtance of

Reader

Your real Friend

ROGER DIXON.

**Water Lane near the
Cuſtome-houſe.**

March 10.

1662.

A 4

The

ing to render to the nation, in as
small number, for the purpose of the
defending America or Britain; they
may keep their money and their dis-
cretion; for the sake of the nation
they shall in any manner desired
be in what is convenient thereby



Walter L. ...
...
...
...

the

A



*The several kinds of Medicines I shall
here treat of, are ranked under these
generall heads.*

I.



*Ol triumphans, being the
Horizontall Gold of Van
Helmont or the Diaphore-
tick of Paracelsus.*

II.

*A pill for the certain cure of such
who have gotten any wounds, hurts or
distempers by their over much valour in
the wars of Venus.*

III.

III.

A general purge, neatly purging all humours in the body, being very good in the beginning of *Feavers*; and all cases where purging is requisite: having been approved of and commended by Learned Physicians.

IIII.

A Pill for the *Convulsion*, and fits of the *Mother*, and vapours thence arising, a certain and approved Remedy.

V.

A *Balsamick pill*, being the *Essential* virtue of vegetables truly corrected and rightly prepared.

VI.

A powder for all sorts of *Agues*, especially

(11)

especially the *Quartain* it cures infallibly.

VII.

Sal mundi, a super-excellent medicine, never before made or published by any, nor is to be found in any Doctors study, Apothecaries shop, or Chymists Laboratory.

VIII.

A powder for the *Green-sickness* : a safe and speedy cure for that distemper.

IX.

A plaister for *Corns* in the feet, toes, or else where, which presently gives ease, dissolves and presently takes them away.

Of every one of these in order I shall give you a particular description of their virtues and use, and referr you to the places where they shall be always in readiness provided for you, with directions to use them

them; and the reasonable rates at which every one may be afforded.

And first of the *Sol triumphans*, or *Horizontall Gold*.

This transcendent and admirable medicine (wherewith) *Paracelsus* and *Van-Helmont*, whose fame for the many wonderfull cures they wrought hereby, hath made them immortall :) hath so many eximious virtues as are too tedious to expresse; as for the *Gout*, it is a certain and sure remedy, so that all those that languish thereby, may by the use hereof have present ease and perfect cure.

It takes away all accidents which remains in the bodies of those that have taken any *Mercury* or *Mercuriall medicine*, which casts so many into *Consumptions* by the *Mercury* remaining in their bodies.

It will stop any *Flux* caused by the taking of *Mercury*, be it never so high; and cure the Patient, as I have often experienced, it is of singular efficacy in the *Drop-sie*,

sie, *Jaundies*, *Epilepsie*, and all *Cronick* distempers, as appears by *Van-Helmort*, who says he never found it to fail him in any case whatsoever, mightily commending it in *Feavers*, and almost every disease else, as you may read at large in his book lately translated : to which for further satisfaction I refer the Reader.

I I.

The second medicine before mentioned is a pill for the diseases venereal ; be it of what nature soever ; this pill will effect the cure without any other medicine or dyet drink.

It will take away all pains or aches of the bones ; *Nodes*, *Swellings*, and all sores in any part, or *Ulcers* onely taking this pill : and washing the sores or *Ulcers* with *Allum-water* or any such ordinary thing, as a little *Plantain-water* with *Allum* in it, or the like.

But if there be a *Gonorrhoea*, with the disease, this pill takes off the malignity of

of the distemper : but such other applications must be administred for the cure, as to the stopping of the *Running of the Reines* is proper. This pill far exceeds *Hughes* his powder, which is sold at three pound ten shillings a dose, and this you may have for five shillings a pill which is a Dose of greater value then his.

III.

The third medicine in order, is the purging Powder, or the general purge, which neatly purgeth all humours, and is of excellent use in the beginning of *Feavers*, and in all other cases where purging is requisite.

The Dose is the quantity, sealed up in one of the papers, exposed publickly to sale for a reasonable ordinary body: to weak people give two thirds of this Dose; and to children one third part of this Dose; it is of excellent use for children; to kill the *Worms*; it may be taken in the sap of an apple, or in a little Sirrup in a spoon, or in

in any Conserve, with a little honey, or in a spoonful or two of Wine, taking after it either broth or posset-drink, as in the taking of other Physick; It is grateful to the taste, excellently taking away, and carrying off peccant humours, exceeding all other purges whatsoever. If you vomit, put a pretty quantity of Salt into a dish of Broth and drink it, and it works onely downward.

I V.

In the fourth place, according to the method before laid down, follows to be described a medicine (*nulli secunda*) which is to be taken in the form of a pill for the benefit of all such as labour under, or are afflicted with that sad distemper called *Convulsion fits*, or the fits of the *Mother*; and all *Vapors*, *Winds*, and *Griefs* thence arising, or proceeding therefrom; It would take up a whole volume to set forth at large what I could by experience say of this distemper; and make

large Legend to insert therein the number of those who had the happiness to meet with a Restorer of their health; and constitution by the use of this Medicine by my Administration; but briefly let me tell you all such as labour and languish under this bad and grievous affliction.

Let them take of these Pills one at a time at any time when you find your selves beginning to be grieved with this infirmity; before the strength of the fit seizes upon you; for which purpose it is always good to have a quantity about you that are subject to this grief, that you may take one at any time when you find your selfe oppressed, and by a little continuance of taking it you will find a certain cure; never returning again, unless by some extraordinary accident, fright, or grief, it happens to return, and then it may be soon discussed. And some I have cured many years ago by this very medicine which have never been troubled with it more; and some by the first taking hereof have been cured, and had but one fit in a quarter of a year after, though before have been constantly afflicted

afflicted with violent fits, once, if not twice
every day.

V.

5. In the next place, I present to your
view a Sovereign Medicine called a *Balsam-
ic Pill*, being the essential virtue of vege-
tables truly corrected and rightly pre-
pared by me after long study and great pains
and diligence, which hath these approved
effects following, far exceeding any thing
of this nature hitherto published, as have
certainly experienced.

Whereas many die for want of a certain
help which God hath provided for them,
by violent Coughs which destroy the
body,

This Pill alone being taken as here is
prescribed in all Coughs, be they of what
nature soever, it is a perfect and speedy Re-
medy.

The like effects it hath upon those who
are troubled with shortness or difficulty of
breathing, and with Asthma, and Puff-
ing humours, it is a great preserver of nature, so that

in Consumptions, whereof so many lan-
guish and die, and all the Church-yards,
may by the timely use here of be restored,
and healthfully preserved in their places
and callings.

2. In the next place, I present to you
Allspice, which is a singular and
rising from the roots and branches of the
tree, is both a sweet and a strong
scented by the sweet long and great
It hath a singular operation in all
strictions of the Liver, and in
and Acids, which is in the stomach and
structions of the Lungs, and in
moves, and cleanses the
help which God hath provided for them,
For children labouring with or inclined
to the Rickets it is a perfect Cure.
This will alone being taken as here is
It prevents the Stone both in the
necks, which is a great and violent
violent paines of the same.
The like effects it hath upon those who
It very much abates the
Gout, they who are afflicted with
a certain benefit by it.
It is a great receiver of nature.

In Epilepsies and Convulsion fits it hath rare effects.

This sovereign Balsamick Pill is constantly prepared by me Roger Dixon, and to be had alwayes at my house in water-Lane, and at Mr. Turners in Christopher-Atley in St. Martins-le-grand, who makes the *Dentifrices* for the teeth; the price is three Pills, a Shilling, a Medicine cheap and good. The dose is one Pill at a time, to ordinary bodies; to very strong bodies two pills, or one and a half, to weak children half a pill: those that cannot swallow a pill, may dissolve it in a spoonful or two of wine, or a little Mace-Ale, but it hath no evil taste, therefore no curious pallat may fear the taking of it.

But particularly those that are troubled with the Cough or any of the distempers before mentioned, let them take one of these pills at night going to bed, for a man or woman of any reasonable strength, either swallow it or dissolve it, and take it as before is directed, and after the same man-

ner, let persons weaker or stronger take the dose before prescribed accordingly.

For the *Rickets*, dissolve one of these pills in a quarter of a pint of wine, and give a childe half a spoonful at a time four times a day.

The operation of this *Balsamiack* pill is specificall, not making the body sick, nor troubling the stomach, but carries away the peccant humors by gentle breathing, sweates and urine.

The next Medicine which here we do intend to treat of, in order to the method before promised in this our intended publication, is,

A specificall powder prepared effectual to take away, and remedy that so Epidemical and languishing, lingring distemper called the *Ague*, which hath various kinds and operations, especially the *Quartane*;

Ague

Ague; which hath so long rained under the Title of *Medicorum Scandala*; this powder infallibly cures.

The direction how to use this powder for the *Ague* is as followes viz.

For men or women troubled with *Agues*, take half one of these papers of powder and put it into half a pint of Sack, and take hereof two spoonfuls in the morning, and four at night, and the same dose the next day, on the two intermitting dayes, if it be in a *Quartane Ague*; and on the day the fit comes, take the rest of the paper of powder an houre before the coming of the fit; and after it, drink a good draught of posset drink, wherein a handfull of green Lavender, and as much Cinquefoile have been boyled; and then let the Patient cover himself to sweat; and about half an hour after let him drink another draught of the same posset drink, and so continue him till the could fit is over: Then if he comes to have any hot burning fit afterwards and be very thirsty, give him a draught of fair water wherein you have first boyled a crust

Of bread, and a few raisins of the
 sun stoned, adding to it so much of our *Sal
 mundi* here prescribed, as will give it a plea-
 sant sharp taste; which will to admiration
 quench his thirst; and abate the great de-
 sire to drink, and prevent those evil
 accidents which usually attend all *Quar-
 tane Agues viz. Jaundies and Scurvy*, the
 like medicine being no where else to be
 found.

For Tertian and Quotidian *Agues*, take
 the same quantity night and morning in
 wine as before; and before the coming of
 the fit, drink the posset drink before with-
 out any powder, using the same salt and
 Julip to abate & take away the Feaver and
 the drought occasioned thereby, as in the
Quartane.

This medicine being thus observed, and
 made use of, and continued a little time,
 pecially in the *Quartane Ague*, which
 otherwise will be subject to return again;
 people may be free from those long conti-
 nuing masters the *Agues*, which some
 have

only soon edT. notwithstanding to resist
have called evil Spirits. And because we
have here necessarily spoke of some use of
our *Sal Mundi*; the description of that
followes in the seventh place, together
with its various uses, and further superex-
cellent virtues.

VII.

Sal Mundi; by this and many more
Titles it may well be called; whosoever
makes experience of it, will soon confesse
it being a superexcellent Medicine, tran-
scending all those things hitherto publish-
ed, or known to the world, never before
found, neither is there any thing of so pure
a nature to be had in any Doctors library,
study, or *Apothecaries Shop*, or *Chymists
Laboratory*.

It hath these following; and many more
infallible effects, and singular virtues.

As first in all manner of Feavers, a dose
taken in any convenient Liquor, abates
their heat and Malignancy and is a great

Refister of putrifaction. The poor who have not the benefit of Apothecaries. *Iuleps*, may make themselves a pleasant and profitable one for Fevers and great droughts, by takeing fait water and boyl therein a crust of bread, and a few Raisins, stoned and in a draught thereof take a dose of this Salt.

It mightily quenches *thirst*, and abates the drought of the *throat*, being taken in fair water, wherein a Crust of bread and a few raisins have been boyled, as is said before; it takes away the *heat* of the *Stomack* and that more dangerous then is imagined distemper called *heart-burning*.

The *Pleurisy* it perfectly cures, and the Countrymans harvest *Surfeit*, whereby many strong men are suddenly snatcht away in the flower of their dayes. It is good to dissolve the stone in the bladder, the use of it being continued a little time.

For the *Scurvie* theri is nothing more excel-

excellent, and to preserve or purifie the drink or water at Sea which Seamen drink; by the use of this they will be preserved from those diseases they are by long voyages and bad drink subjected unto, which would soon be verified by practice if Chirurgicals knew it well, but none of them ever yet knew of it; but now I advise both them and all persons else that go to Sea never to be unprovided of it; for a better yet they never carried with them, and this will not decay, but may be kept a long time, for its use and vertue never fails.

If any Physitian will try or tast it, if reason will convince him, he will soon conclude that this is not published only for the help of the ignorant, but will deserve the practice of the most learned.

The Dose is half the quantity contained in one of the papers exposed to publick sale, which may be taken at any time in any convenient Liquor once or twice a day; but in the *Pleurisy* and *Feavers*, take the same quantity in the Julip of fair water
above

above mentioned, or in other proper and convenient Julips or Syrups as often as is required. They are sold at twelve shillings a paper.

VIII.

The next to be spoken of in order to our first prescription, is a powder for the cure of that faint and feeble distemper in young Maids called the *Green sickness*; which is an evil Malady, if not timely prevented. This medicine is a certain and effectual cure; The way to take it is thus, *viz.*

Take as much of this Powder as will lie on a groat or sixpence every morning in a spoonful of Wormwood wine, or Wormwood beer, drinking a small draught of the same drink after it, and walk after it an hour; and then take some Water-grewell made strong with Penny-royall boiled in it for the patients breakfast: use this a few days together, and if one paper of this powder effect not the cure, be sure continue taking of it, and another paper

per will do it, for it is never known to fail; it hath also a grateful scent and taste. Those that love not Wormwood drink may take it in a glasse of Sack or Rhenish wine; whosoever uses it, after three or four days taking hereof, will walk with pleasure; it will soon bring them to a good colour and a good stomack.

Lastly, having now provided remedies for all diseases and afflictions of the body, that you may walk with ease; I have also prepared a cure for that painful excrementitious humours, called *Corns* in the Feet or Toes, or elsewhere.

For a cure for this Malady, I have an excellent plaster, which is thus to be applied.

Cut away the hardness of the Corn, then apply to the place as much of this plaster as will cover it, and renew it once in three or four days, it will soon give ease, and take away the *Corn* in a short time, being constantly applyed.

If any person desire further satisfaction in any thing herein, if they please to come
to

to me at my house in *Water-lane* neer the *Custom-house*, or to *Mr. Turners* at his house neer *St. Christophers-Alley* in *St. Martins-le-grand*, they shall be further resolved.

The *Sol Triumphans* or *Horizontal Gold* onely excepted, that I keep onely at my own house.

The price of the other is as follows.

1. The Pill for the Venerial distempers (at five shillings the pil, which is one Dose, which is to be taken every third day) intermitting two days.

2. The purging powder is one shilling a paper, sealed up, which is one Dose for ordinary persons, weaker persons, two thirds, and for Children one third part of the Dose.

The pill for *Convulsion fits*, and *fits of the Mother*, are sealed up three together for one shilling, one at a time is a Dose, as before is directed.

The *Balsamick pill*, are sold three for a shilling, also one is a Dose, every night to be

be taken, or when you go to bed, drinking a little Sack after it, if you have it; otherwise a little warm Ale.

The *Ague* is likewise twelve pence a paper; though its virtue and operation far exceeds that which is called the *Resuits powder* which is sold at ten shillings a Dose.

Sat mundi is also afforded at one shilling the paper.

The *Green-sickness* powder is at two shillings sixpence a paper, every paper containing halfe an ounce, which is many Doses.

The plaister for the *Corns* at twelve pence a plaister.

From my house in *Water lane*

1 March 1663.

Roger Dixon.

These

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dentifrices for
the Teeth, sweetning the Breath,
and easing the Tooth-ach, are sold at
the shop of *Mr. Roke* at the sign of the Ho-
nour and *Jack-bottle* at the East end of
St. Dunstons Church, at *Mr. Sowbys* near the
gate going out of *Lincolns-Inn fields* to
the *Markes*, and at the Authors own house
in *Christophers Alley* in *St. Martins-le-*
square with directions printed for the use
thereof. They are sold at such other pla-
ces as the said Authors Bill makes mention

also the true *Sympathetical powder*, cu-
ring all green wounds, &c. sold by *Mr.*
Daniel Brooke only at the Angel in
St. *Phill.*